

Jan Nevelius Shihan

May 1st/2nd 2025

Duisburg

THU 11 - 13 & 16 - 18
FRI 11 - 12:30 & 19 - 21

PLEASE NOTE:

THU: Sportshall of Steinbart-Gymnasium
Realschulstr. 45, 47051 Duisburg

FRI: Judohall of Sportschule Wedau,
Friedrich-Alfred-Allee 15, 47055 Duisburg

**Thank you for registering with us beforehand so we can
plan accordingly!**

Costs: 25,- EUR per class, 70,- EUR for 3 classes,
80,- EUR for the whole seminar

Contact: Sonja Sauer, +49 (0)176 41067152, sonja@aikidoimhof.de

Sleeping in the dojo is possible, please contact us.

Please see page 2 for more information.



We look forward to practising with you!

On May 3rd and 4th Jan will also be teaching at Shinboku Aikido in Düsseldorf.

Further seminar info:

THURSDAY:

Parking at the venue for the Thursday classes is not the easiest, so please calculate in enough time for that if you are be coming by car.

Public transport: The hall is in walking distance to Duisburg main train station (approx. 1km).

For lunch we will reserve places at a restaurant in walking distance to the hall. (However, there are more places around there where you can grab lunch.) **Please let us know until April 10th if you want to be included in the lunch group.**

FRIDAY:

For the Friday venue the parking situation should be more relaxed. You can park along the street directly at the hall or at the big parking area marked on this map:



If you travel by public transport, you can either take a bus to „Duisburg Sportschule Wedau“ or the S-Bahn to „Duisburg Schlenk“ (800m walk to the hall).

For lunch we will reserve places at a restaurant in walking distance to the hall. **Please let us know until April 10th if you want to be included in the lunch group.** However, the lunch break on Friday is very long, so it is also possible to drive into town and have lunch elsewhere if you prefer.

Contact: sonja@aikidoimhof.de